



Summary of Resources Discussed Regarding Feb 8, 2021 Community Conversation on Acute and Long-Term Effects of COVID-19

Survivor Corps - Great Website For Long-Haul Effects of COVID-19 For Patients

<https://www.survivorcorps.com/>

Should You Wait to Get The Vaccine?

No, the only reason to wait is if you have had a severe reaction to your first vaccine or if you are still having major symptoms (i.e. fever) from COVID-19. Dr. Gupta said very clearly that the most important thing is to get the vaccine (whichever one you can get) as soon as you are eligible.

We discussed having a **consistent and simple message to get the vaccine**, any vaccine. Here is information on disinformation, which is slowing down acceptance of the vaccine:

<https://www.webmd.com/vaccines/covid-19-vaccine/news/20210203/new-campaign-fights-vaccine-disinformation>

Research/Medical Centers that Are Setting Up Post-COVID Centers

- Florida: <https://news.nova.edu/news-releases/nsu-researchers-receive-4-million-from-cdc-for-covid-long-haulers-study/>
- New Jersey: <https://www.hackensackmeridianhealth.org/covid19/covid-center/>
- New York Mount Sinai: <https://www.mountsinai.org/about/covid19/center-post-covid-care>
- Washington State:
 - UW Telehealth Post COVID Clinic: <https://essentialhospitals.org/long-haul-uw-medicine-launches-post-covid-telehealth-clinic/>

You Can Sign Up at Some Pharmacies for Vaccine Availability:

- CVS: <https://www.cvs.com/immunizations/covid-19-vaccine>
- Walgreens https://www.walgreens.com/topic/promotion/covid-vaccine.jsp?ban=covidlp_vaccine_fy21&ext=gooFY21_COVID+Vaccine_NB_BM_MCOVID_NB_COVID+Vaccine_BMM_%2Bcovid%20%2Bvaccine&gclsrc=aw.ds&&gclid=Cj0KCQiA340BBhCcARIsAG32uvPRviXSVQ_yEIsO_eQD_hcxrhswNU23_mezw9RbHWngh0-hfuOIOkssaAnaFEALw_wcB

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