

HEALTHADVOCATE^X[™]



Greetings!

What a year! So many issues in our world have made the past 11 months challenging AND pointed out how much health advocacy is needed for ANYONE, no matter your health status or circumstance. Here are some of the things we accomplished this year, with your help we:

- Launched our [Community Conversations](#), COVID-19 and Related Topics series with Dale Reisner, MD. To date we have conducted 17 Community Conversations on a variety of topics related to the virus. Please join us Dec 14 for the last Conversation of the year.
- Responded to more than 170 inquiry requests for advocacy help and resources, overseen by Beth Droppert, RN, BSN
- Hosted and/or participated in more than 35 events, reaching about 2,000 people
- Hosted our first National (Virtual) Conference with almost 300 attendees
- Rebranded as the national non-profit, [HealthAdvocateX](#)

None of this is possible without our fantastic [Staff/ Board](#) and [Partners/Sponsors](#).

As we pause to look into what 2021 will bring, we give thanks to you, our community, and look forward to more progress in fighting the virus, increasing and better health safety and continuing to elevate the power of every person's health experience.

Hope you are staying safe, focusing on the positive and masking up!

Warmly,

Robin

Robin Shapiro

WASHAA/HealthAdvocateX Board Chair



**Don't Miss Our Networking Event -
Dec 3rd at 4 pm (PT) / 7 pm (ET)**



Interested in meeting other advocates and learning from them? We are better together! Let's keep the momentum coming from the Conference! Join experienced advocates from across the country as we have a follow up discussion from the National Conference and break into small groups for networking.

[Register Today](#)

**Join Us As WASHAA / HealthAdvocateX -
Professional Membership Rates (\$65) Go Up Jan 1, 2021**



WE ARE BECOMING HEALTHADVOCATE^X (SOON)

Please join our community of more than 1,500 people by becoming a member. Select a membership level that fits your background and interest by visiting our new temporary website at www.HealthAdvocateX.org.

Dec 14th - Community Conversation will Focus on COVID-19 Updates



Our last Community Conversation of 2020 will be an 'open forum,' where we will discuss the most recent trends, updates and news. This is an opportunity to ask ANY QUESTION you have.

Speaker:

- **Dale Reisner, MD**, Medical Director (OB/GYN Quality & Safety) at Swedish Health Services

When: Dec 14, 2020 11:00 PM Pacific Time / 2:00 pm Eastern Time
(US and Canada)

Register in advance for this meeting [here](#), or click the button below.

After registering, you will receive a confirmation email containing information about joining the meeting.

[Register Today](#)

Dec 11 -
The Negative Impact of Conversion Therapy on LGBTQ+
Individuals



Continuing Education for Behavioral Health & Other Professionals

including
SW, MH, MT, PY, SS, RD, NC, MW, PG, PT, OT, ISW, IMH, IMT, CAP, CMHP and others

The Negative Impact of Conversion Therapy on LGBTQ+ Individuals

*A Virtual CEU Program on Zoom
offering 2.0 CEU Hours*

Fri. Dec. 11, 2020
1:00pm-3:00pm

More Information & Registration Link:

www.mhasefl.org

Questions: 954-746-2055 ext 125



COMMUNITY
FOUNDATION
OF BROWARD

A grant in support of this exhibit was awarded to Mental Health America of Southeast Florida; 9MusesArtCenter, by the following Funds at the Community Foundation of Broward: Gay and Lesbian Broward Community Fund, Richard Frisby and Edward Burkhardt Fund, Charles L. Ross Fund, The Robert Elmore Family Fund, Everett H. Metcalf, Jr. Unrestricted Fund.

Register Today

Dec 18 -
Addressing Workplace Inequality for LGBTQ+ Individuals

Addressing Workplace Inequity for LGBTQ+ Individuals



Research shows that LGBTQ+ individuals continue to face disproportionate challenges in organizational processes and policies. From hiring to supervision and evaluation, this marginalized group has experienced systemic inequity. These unconscious biases impact prejudicial behaviors such as microaggressions and unequal decision-making related to LGBTQ+ staff members, and negatively influence their mental health.

While progress has been made, many LGBTQ+ individuals still worry that revealing their sexuality at work will have damaging consequences. Some corporations have made public gestures of support as well as decisions about recruitment practices and marketing plans that embrace LGBTQ+ rights. Yet people of varying gender identities, gender expressions, sexualities and sexual orientations still experience discrimination in the workplace for only being themselves.

This program will provide evidence-based strategies that can be used by any employer, with minimal economic impact, to create safe, secure and equitable environments for all staff. Participants will receive education, resources and first-hand experience from a local business on how they have successfully implemented programs to address this issue.

Participants will be able to:

- Define inequities associated with LGBTQ+ individuals
- Identify gaps that limit equity by using best practices to remove barriers
- Discuss struggles faced by LGBTQ+ individuals in the workplace
- Address the connection between mental health and workplace inequity for LGBTQ+ individuals
- Provide inclusive access to programs and services for staff and for the community
- Create a sense of empowerment among employees and set an industry standard to pave the way for societal change

Presented by:

Rene Cantu &
Business Outreach Manager,
Equity Florida &
Chair, LGBX Council of
Fort Lauderdale Chamber of Commerce

Paul Abad
VP Business Banking
Relationship Manager
PNC Bank

Complimentary Virtual Training on Zoom
REGISTER 12-18-20



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WASHAA Calendar

Mark Your Calendar - Join WASHAA!
Public Presentations, Trainings,
Networking Events, and More!

December 3: Professional Networking Meeting ([Register Here](#))

December 14: Community Conversation on COVID-19 Updates ([Register here](#))

WASHAA Programs & Presentations

Although WASHAA speakers can give presentation on many topics, here are a few of our popular presentations:

- Advance Care Planning (In partnership with Honoring Choices)
- Taming Your Medicine Cabinet
- The ABCs of an Effective Doctor Visit
- Patient Know More...Patient No More!
- The Emerging Field of Health Advocacy
- Safe & Sound in the Hospital: A Short Course in Patient Safety
- Volunteer Health Advocate Training: Understanding the Role & Skills to Be Effective

To schedule a speaker for your community, please submit your request here: <http://www.washaa.org/request-a-presentation.html>

Have a topic you wish we offered? Let us know - let's talk!

Do you have something you would like to share with the WASHAA community?

Please submit ideas to info@washaa.org.

Washington State Health Advocacy Association / HealthAdvocateX

E-mail us | Call us: 206.377.3000 | Visit Our Website

See what's happening on our social sites:    